

Communicating with your Therapist in Rehabilitation (CAM-C1)

The purpose of our research study is to better understand the different ways that therapists communicate with their clients in therapy. In answering the questions, the researchers want you to think only about the occupational therapist who gave you this survey. We do not want you to think about any other therapists or providers. We will be summarizing your answers for research purposes only.

All of your answers will be kept strictly confidential. PLEASE DO NOT PUT YOUR NAME ON THIS QUESTIONNAIRE. Your occupational therapist will NOT EVER see your answers. Your therapist's boss or supervisor will NOT see your answers. Your answers will NOT affect your care here. Please answer as truthfully as you can.

Section I: About You

- 1) Your age: _____
- 2) Your sex:
 - i. Male _____
 - ii. Female _____
- 3) Your occupational roles: (please check all that apply)
 - i. Employed full time _____
 - ii. Employed part time _____
 - iii. Receiving Disability Pension _____
 - iv. Retired _____
 - v. Student _____
 - vi. Other _____ (please describe: _____)
- 4) Your marital status:
 - vii. Single, Never Married _____
 - viii. Married _____
 - ix. Separated _____
 - x. Divorced _____
 - xi. Widowed _____
- 5) Your living situation: (please check all that apply)
 - xii. Living alone _____
 - xiii. Living with partner or spouse _____
 - xiv. Living with other family member _____
 - xv. Other (please describe: _____)
- 6) Highest educational degree earned:
 - xvi. Less than high school _____
 - xvii. High School Diploma or Equivalent _____
 - xviii. Associate's or Technical Degree _____
 - xix. Bachelor's Degree _____
 - xx. Post-Graduate Degree (Doctorate, Law, Etc.) _____
- 7) Reason you are receiving therapy here (your diagnosis): _____
- 8) How long have you been working with (name of therapist _____):
 - xxi. Haven't met with the therapist yet _____
 - xxii. Less than five sessions _____
 - xxiii. 5 – 10 sessions _____
 - xxiv. Over 10 sessions _____

Section II. Your Therapist’s Ability to Communicate

Circling a number, please rate the extent to which the following statements are important to you. For example: “I want to read a mystery novel”

①	2	3	4	5
Not at all important	Slightly important	Moderately important	Very important	Extremely important

9) I want my therapist to help me get access to resources or people in the community in which I live.

1	2	3	4	5
Not at all important	Slightly important	Moderately important	Very important	Extremely important

10) I want my therapist to listen to me with true interest.

1	2	3	4	5
Not at all important	Slightly important	Moderately important	Very important	Extremely important

11) I want my therapist to explain what is happening or tell me what will happen next.

1	2	3	4	5
Not at all important	Slightly important	Moderately important	Very important	Extremely important

12) I want my therapist to help me to think about a problem or activity in a different way.

1	2	3	4	5
Not at all important	Slightly important	Moderately important	Very important	Extremely important

13) I want my therapist to point out what I am good at doing.

1	2	3	4	5
Not at all important	Slightly important	Moderately important	Very important	Extremely important

14) I want my therapist to allow me to choose what will happen next.

1	2	3	4	5
Not at all important	Slightly important	Moderately important	Very important	Extremely important

15) I want my therapist to ask questions that make me feel comfortable talking.

1	2	3	4	5
Not at all important	Slightly important	Moderately important	Very important	Extremely important

16) I want my therapist to tell me how to improve my performance or behavior.

1	2	3	4	5
Not at all important	Slightly important	Moderately important	Very important	Extremely important

17) I want my therapist to talk with me about legal rights for people with disabilities.

1	2	3	4	5
Not at all important	Slightly important	Moderately important	Very important	Extremely important

18) I want my therapist to make sure that I work on what matters most to me.

1	2	3	4	5
Not at all important	Slightly important	Moderately important	Very important	Extremely important

19) I want my therapist to make me feel confident about what I am doing.
1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

20) I want my therapist to explain different choices to me when guiding me to make a decision.
1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

21) I want my therapist to try to understand my thoughts and feelings, no matter what they are.
1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

22) I want my therapist to improve or change something when I point out that it is not helpful.
1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

23) I want my therapist to provide me with clear directions.
1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

24) I want my therapist to be positive when he/she believes I am ready to try something I think I can't do.
1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

25) I want my therapist to help me think about a problem in a clear-headed, non-emotional way.
1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

26) I want my therapist to say things that help me to feel normal and like other people.
1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

27) I want my therapist to say things that make me feel that we are working together as a team.
1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

28) I want my therapist to share something about his/her personal experience so that I do not feel alone.
1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

29) I want my therapist to say things that make me feel hopeful.
1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

30) I want my therapist to show a sense of conviction when making a recommendation.

1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

31) I want my therapist to give me control over what I accomplish.

1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

32) I want my therapist to tell me about people and resources in the community that are not a part of the hospital or clinic.

1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

33) I want my therapist to give me a compliment or other kind of reward for something I did.

1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

34) I want my therapist to help me consider many different ways of doing things.

1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

35) I want my therapist to teach me something.

1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

36) I want my therapist to help me contact people who have a similar experience or disability.

1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

37) I want my therapist to try hard to understand my needs by listening and asking as many questions as necessary.

1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

38) I want my therapist to help me look at a problem by breaking it down into smaller parts.

1 2 3 4 5
Not at all important Slightly important Moderately important Very important Extremely important

Section III.

Thank you for responding to these questions. Is there anything else was left out that you feel is important for me to know or something you would like to share?

Thank you again for participating.