Self-Assessment of Modes Questionnaire – Version 2.1

Therapeutic Mode Use Scoring Key

After completing the Self-Assessment of Modes Questionnaire transfer that information by circling your response to each of the 20 scenarios on the table below. Then total your scores in each column and calculate the percentage of responses you made using each mode.

Advocating	Collaborating	Empathizing	Encouraging	Instructing	Problem-Solving
1-d	1-b	1-e	1-a	1-f	1-c
2-a	2-c	2-b	2-f	2-d	2-e
3-c	3-a	3-d	3-e	3-b	3-f
4-c	4-b	4-f	4-d	4-e	4-a
5-d	5-f	5-e	5-a	5-b	5-c
6-f	6-d	6-c	6-e	6-b	6-a
7-e	7-f	7-d	7-c	7-b	7-a
8-e	8-c	8-a	8-b	8-f	8-d
9-f	9-e	9-d	9-a	9-c	9-b
10-a	10-b	10-d	10-f	10-e	10-c
11-b	11-f	11-e	11-d	11-a	11-c
12-e	12-f	12-c	12-b	12-a	12-d
13-d	13-c	13-a	13-b	13-f	13-e
14-a	14-e	14-c	14-f	14-d	14-b
15-b	15-a	15-f	15-d	15-c	15-e
16-c	16-a	16-b	16-e	16-d	16-f
17-f	17-d	17-a	17-e	17-c	17-b
18-d	18-e	18-b	18-c	18-a	18-f
19-c	19-d	19-b	19-f	19-e	19-a
20-b	20-e	20-f	20-c	20-a	20-d

Advocating	Collaborating	Empathizing	Encouraging	Instructing	Problem-Solving
Total:_____/20	**Total: ____/20**	**Total: ____/20**	**Total: ____/20**	**Total: ____/20**	**Total: ____/20**
Percent:____%	**Percent:____%**	**Percent:____%**	**Percent:____%**	**Percent:____%**	**Percent:____%**